

Dr. Areeba Akhtar Rao

Doctor

A hardworking, motivated, enthusiastic doctor interested in broadening my horizons by learning new skills and techniques in field of Medicine. I am committed to continuous learning and aim to contribute effectively to healthcare community. Talented at measuring vitals to establish diagnosis, well developed observation skills and significant ability to work and perform in team environments.



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Karachi, Pakistan



EDUCATION

BACHELOR OF MEDICINE AND BACHELOR OF SURGERY

Jinnah Sindh Medical University

2017 - 2023

Karachi, Pakistan

INTERMEDIATE

BAMM PECHS Govt College

2015 - 2017

Karachi, Pakistan

MATRICULATION

St. Joseph Convent School

2005 - 2015

Karachi, Pakistan

WORK EXPERIENCE

ACCIDENT AND EMERGENCY DEPARTMENT JPMC

07/2023 - 10/2023

- During my rotation I was able to grasp basic principles of managing all kinds of Emergencies including Trauma, Medical, Surgical, Neurosurgical, Poisoning and MLO Cases.

DEPARTMENT OF GENERAL MEDICINE

Medical Unit 2 (WARD 6) JPMC

10/2023 - 01/2024

- I acquainted myself with various diagnostic procedures e.g catheterization, nasogastric intubation, abdominal paracentesis and lumbar puncture. In addition I experienced 2 weeks rotation of Intensive Care Unit and for 2 weeks attended 'Speciality Clinics' held in ward Diabetes, Endocrinology and Rheumatology.

DEPARTMENT OF ANAESTHESIOLOGY

JPMC

01/2024 - 04/2024

- During my three months rotation in this department I was able to gain experience of working in Intensive Care Unit. I have successfully assisted in passing CVP lines, intubations and spinal anaesthesia.

DEPARTMENT OF GENERAL SURGERY

Surgical Unit 4 (WARD 21) JPMC

04/2024 - 07/2024

- During three months period I took part in all ward activities, presented cases on ward rounds, learned post surgical care of the patients in ward as well as managed surgical patients in Emergency.

SKILLS

Teamwork

Time Management and planning

Excellent Communication

Basic Life Support

Perform and interpret ABGs and Venupuncture

PERSONAL PROJECTS

Project Name

- A Cross Sectional study regarding the prevalence and incidence of IMPOSTER SYNDROME among medical and non-medical undergraduate students (Not Published yet).

ORGANIZATIONS

PATIENTS HELPING HANDS (2018 - 2022)

Volunteer

JSMU SOCIAL LAB (2017 - 2023)

Volunteer

FRIP (First Response Initiative of Pakistan (2022 - 2023)

Volunteer

CERTIFICATES

Attended 'BASIC RESUSCITATION SKILLS' Workshop in JPMC in collaboration with Sindh Emergency Rescue Services 1122.

Certificate of participation in workshop on 'Ultrasound Fast-an Accident and Emergency Requirement.

Attended workshop on SAFE OBSTETRICS PRACTICE HANDS held at JSMU.

Certificate of Appreciation for Organizing M.I.N.D MENTAL HEALTH NOT A DELUSION (Mental Health Awareness Session).

LANGUAGES

English

Full Professional Proficiency

Urdu

Full Professional Proficiency

INTERESTS

Reading

Literature

Cooking