



Dr. Khizra Binte Saleem

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Work: Abbasia Banglows , 64200 Rahim Yar Khan, Punjab (Pakistan)

ABOUT ME

Empathic and responsible dentist with 5+ years of experience performing high-quality dental work, assessing treatment options and completing restorative and preventive procedures. Valued by patients for promoting good dental hygiene through continuous education and encouragement of preventive maintenance measures. Looking for new clinical, teaching and learning opportunities.

WORK EXPERIENCE

General Dental Surgeon

Sheikh Zayed Hospital [20/07/2023 – 20/09/2023]

City: Rahim Yar Khan | Country: Pakistan

As a **volunteer** dental surgeon at Sheikh Zayed Hospital, RYK, I provided a range of dental services to patients in need of dental care, including diagnosis, treatment, and performance of a variety of procedures, such as **extractions, examinations, oral and maxillofacial surgery assistance, and scaling**. I prioritized patient comfort and safety while collaborating with specialists to ensure the highest quality of care. Additionally, I educated and counseled patients on dental hygiene and oral health practices to help them prevent future dental problems.

General Dental Surgeon

Sadaqat International Hospital [18/07/2022 – 18/07/2023]

City: Kahuta | Country: Pakistan

I managed the hospital's dental department completely, including inventory, patient records, patient treatments, and safety procedures. I performed all basic dental procedures, such as **teeth extractions, root canal treatments, scaling and polishing, teeth whitening, and prosthodontic procedures such as crowns and bridges**. I also took **dental radiographs** and performed **high-quality aesthetic composite dental fillings**. My focus was on restorative dentistry and patient counseling because dental awareness is much needed in rural areas. I was later promoted to **MSDS Coordinator**, where I helped the hospital **develop strategies and plans to improve the hospital system according to the PHC MSDS manual**. I also **organized and conducted free dental camps in rural areas**, providing much-needed dental care and awareness to underprivileged communities.

General Dentist

GMT Diagnostic Centre [01/02/2021 – 15/07/2022]

City: Karachi | Country: Pakistan

My job involved independent dental clinic management and performing all basic dental procedures including **teeth extractions, root canal treatments, scaling and polishing, prosthodontics procedures like crowns and bridges and dental fillings**. I also have done **full mouth rehabilitation** cases there.

Associate Dentist

Taj Medical Complex, Hamdard University Hospital [01/08/2020 – 01/02/2021]

City: Karachi | Country: Pakistan

My job there included interviewing and examining patients having dental problems and providing them with optimal dental care, performing **teeth extractions, root canal treatments, scaling and polishing, prosthodontics procedures like crowns and bridges and dental fillings on 500+ patients**. guided patients regarding oral hygiene and oral health-related issues. I also participated in free dental consultation and awareness campaigns there.

House Officer

DOW UNIVERSITY OF HEALTH SCIENCES [02/05/2019 – 02/05/2020]

City: Karachi | Country: Pakistan

My job there included interviewing and treating a variety of dental patients under the supervision of senior dentists and with the best equipment. I **performed examinations, patient counseling, case assessments, dental radiograph assessments, treatment planning, and several treatments, including root canal treatments, tooth extractions, scaling, polishing, orthodontic follow-up visits and treatment planning, alveoloplasty, crowns and bridges, partial and complete dentures, and dental fillings**. I also attended Oral and Maxillofacial Surgery calls at Shaheed Mohtarma Benazir Bhutto Institute of Trauma (SMBBIT), where I performed laceration repair, intermaxillary fixation, splinting, and OMFS surgery assistance.

EDUCATION AND TRAINING

FCPS I - CPSP

Successfully passed FCPS Part 1 and am currently awaiting placement in a residency program. [20/08/2024 – Current]

House Officer

DOW UNIVERSITY OF HEALTH AND SCIENCES [2019 – 2020]

City: Karachi | Country: Pakistan | Website: www.duhs.edu.pk

Bachelor's of Dental Surgery

Bibi Aseefa Dental College, SMBBMU [2014 – 2018]

City: Larkana | Country: Pakistan | Website: www.smbbmu.edu.pk

Intermediate - Pre Medical

WAPDA Degree College Guddu [2011 – 2013]

City: Guddu | Country: Pakistan

LANGUAGE SKILLS

Mother tongue(s): Urdu

Other language(s): English

DIGITAL SKILLS

Microsoft Word / Microsoft Office / Organizational and planning skills / Good listener and communicator / Zoom / Skype / Social media (Facebook, Instagram, Twitter, Pinterest, YouTube, Telegram, LinkedIn) / Google Docs / Written and Verbal skills / basic skills in graphic (canva) / Video editing: VivaVideo, YouCut / I'm passionate about music, painting and photography / Dental Photo Shooting / Dental Treatment Simulation & Smile Design Software | DTS Pro

HONOURS AND AWARDS

[23/02/2024] Dental CE Academy USA (AGD - PACE)

Clostridium Difficile - Dentistry's Overlooked Threat.

[22/02/2024] Dental CE Academy USA (AGD - PACE)

E-Cigarettes And The Culture Of Vaping

[11/2020] Maget Medical and Dental Centre

ClearPath Certification (Clear Aligners)

[01/2020] DOW University Of Health And Sciences, Karachi

Rotary Endodontics Certification

[10/2020] DOW University Of Health And Sciences

CPR AND CHOKING - BLS CERTIFICATION

[08/2021] Ef-set

Ef-Set English Proficiency Certification

REGISTRATION NUMBER

24659-D

HOBBIES AND INTERESTS

Book Reading

Calligraphy

Listening Music

Yoga and Meditation

Travelling

Long Drives