

DR. IRFAN ULLAH

Bio Data

- **Date of Birth:** 5th April 1996
- **Gender:** Male
- **Marital Status:** Single
- **Address:** Flat 502, Rizwan residency, near Punjab Chowrangi, Clifton, Karachi.
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Objective

- I am enthusiastic about the opportunity to work, I believe that my experiences in Pakistan have equipped me with adaptability and cross-cultural communication skills, which are assets in an increasingly globalized healthcare. I am excited to learn from the renowned healthcare system, adapt my skills to its environment, and collaborate with the dedicated professionals of the institution.
- I am passionate about research in the field of Major Trauma and am eager to contribute to scientific advancements that can improve patient care and outcomes. I have mentioned my publications, audit and I am excited to take part in teaching programs, conduct clinical audits and learn relevant skills.

Registrations

- under process **MRCEM (Royal College of emergency medicine)** registration
 - MRCEM membership registration number: **51684**
- Full **PMC (Pakistan Medical Commission)** registration with a license to practice
 - PMC registration number: **80673-S**

Education

- **Bachelor of Medicine and Surgery (MBBS)- 2020**
 - Dow University of Health and Sciences, Karachi
- **Member Of Royal College of Emergency Medicine Primary exam**
23rd June 2022
- **Member of Royal college Of Emergency Medicine SBA exam**
 - 8th Feb 2024
- **Member of Royal College of Emergency Medicine OSCE 13 sept 2024**
 - Result awaited

Work Experience

- **Medical Officer- A&E department- 01 July 2022 to Present**
 - Shaheed Mohtarma Benazir Bhutto Institute of Trauma (SMBBIT), Karachi
 - SMBBIT is a level 1 trauma facility that sees nearly 200,000 patients in the A&E department a year. It has 5 specialized bays including:
 - Walk-in Triage:** for minor injuries and complaints, ensuring swift evaluation and treatment
 - Triage unit:** for those in need of urgent attention, swiftly identifies and prioritizes emergencies
 - Bay 1- Critical care:** Equipped with 16 specialized beds, where most critical cases receive precise and immediate attention.
 - Bay 2- observation unit:** with 16 beds for continuous monitoring and evaluation before transitioning to respective specialties
 - Ventilation bay:** featuring 10 operational vents for advanced respiratory support.
 - Minor O.T:** Wound Suture, applying Back slab, reducing and managing minor Injuries, I perform a primary assessment of patients following the ABCDE protocol, followed by a secondary assessment. Triageing patients and liaising with multi-disciplinary teams to provide thebest quality of care.
also worked in
 - Orthopedic Department:** with 40 bed monitoring Wound care Pre op and post op care, minor procedure.
 - ICU department:** Management of critically ill patient with ICU skills Invasive line insertion, Intubation and BIPAP and CPAP and HFNO

- **Medical Officer- BHY HOSPITAL**

- Secondary care Hospital.
- I was involved in diagnosing and treating a wide range of medical conditions across various Emergencies, including internal medicine, pediatrics, surgery, or any other relevant specialty to the hospital focus and referring to higher specialties if needed.

- **House Officer- Intern- June 2020- June 2021**

- Lyari General Hospital Karachi, Karachi
- Lyari General Hospital Karachi is one of the largest governments run hospitals in Pakistan, which sees between 200,000-300,000 patients a year. I rotated through multiple departments throughout the hospital, gaining experience in different specialties.

Conferences and Workshops

- Pre-Conference Workshop: Decoding of Thoracic Trauma- Feb 2024
- Shaheed Mohtarma Benazir Bhutto Institute of Trauma (SMBBIT), Karachi
- 1st international Pakistan Trauma Conference- May 2023
- Shaheed Mohtarma Benazir Bhutto Institute of Trauma (SMBBIT), Karachi
- Pre-Trauma Conference Workshop on Essential Emergency Skills in Trauma- May 2023
- Emergency Department SMBBIT, Karachi.
- Non operative management of fracture (Indus Hospital)
- Primary Trauma Care Workshop (SMBBITC)
- De Escalation and managing violence in health care setting
- Basic Life Support Course. (SMBMC)
- Basic and Applied Neuroscience Research. (AKU)
- Stimulated integrated emergency resuscitation course.(ASH)

- **Essentials of Neuroscience Course:**
The Aga Khan University Hospital, 2018
- **Psychological first aid.**
John Hopkins University (Online CME), 2020
- **1ST Psychiatry Certificate Course**

The Aga Khan University Hospital, August-October 2016.

Volunteer Work

- Volunteered at 1st international Pakistan Trauma Conference
Shaheed Mohtarma Benazir Bhutto Institute of Trauma (SMBBIT), Karachi
- Instructor at FRIP (First Response Initiative of Pakistan)- Conducted Airway management workshops for students of different medical institutes in Karachi.
- Patient Support Association (PSA) – Founder and Volunteer at several fundraising drives to provide much-needed funds for patients facing financial challenges at Civil Hospital Karachi.
- Independent Volunteer Work; by reaching out to different places and helping as much as I can.

Publications Systematic Review on the Worldwide Disparities in the Frequency and Results of Emergency Medical Services (EMS) and Response to Out-of-Hospital ...

SS Parvez, S Parvez, I Ullah, SS Parvez, M Ahmed
Cureus, 2024 · [ncbi.nlm.nih.gov](https://doi.org/10.7755/cureus.2024.16.12.e66666)

Procedures

Independently	
Venous blood sample collections	Intubation
Arterial Blood Gas sample collections	Chest Tube Insertion
NG tube insertion and NG feeding	Lumbar Puncture (LP)
IV cannulation	Pleuritic Tap
Urethral catheterization	CVP
IV Fluid administration	
Intramuscular injections	
Stitching/Closing wounds	

Other Skills

- Verbal and Communication skills: One of my strongest skill sets is communication, which enables me to interact confidently with both staff and patients. I always consider patients' preferences when discussing treatment options.
- Fluent in English language.
- Microsoft Office competent.
- Self-motivated, Flexible and a Team player.

Hobbies

- Reading medical journals
- Watching movies and listening to music
- I like doing outdoor activities, hiking, and cycling being the most favorite ones.

References

Will be provided on request.