

Dr. KIRAN ALEEM

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Career Objective:

A diligent, goal-oriented professional with over 1 year of experience in House job at Abbasi Shaheed Hospital. I have equipped myself with cross-functional experience in different wards/ departments of hospital. My interest is in optimizing the organization's management and adept knowledge, looking for a position in an established hospital where I could serve people with my experience, and skills for better growth and reputation of the firm.

Key Skills

- Team player
- Time management skills
- Strong concentration
- Strong communication skills
- Handling accident and emergency cases
- Analytical ability

Academic Summary

M.D. (M.B.B.S)

2008-2014: *Karachi Medical and Dental College*
(1st Division, GPA 3.0/4.0)



KARACHI MEDICAL & DENTAL COLLEGE

Premedical – Intermediate

2005- 2007: *DHA College for Women, Karachi*
A-Grade overall



Matriculation – Sciences

1991 - 2004: *Crown Public School,*
A1- Grade overall



Language Proficiency

PROFICIENT User – CFER C1 level (Dec22: IELTS, **Overall 7.0**; Listening: 8.0, Reading:7.5, Writing:6.5, Speaking:6.5)

Publication

Kaleem, S. A. D. A. F., Parveen, S. A., Mashori, A. B. D. U. L. L. A. H., Bilal, A., Aleem, K., Tazeen, A., & Ayub, A. (2014). Malnutrition and its risk factors particularly family system in elderly population of Karachi. *J. Med. Health Sci*, 8, 72-75.

Professional Experience

St. Michael Convent School
School Physician

Feb 2022 - To Date



- Responsible for preventive measures for promoting and maintaining the health of pupils as well as monitoring the teachers, and general staff 's health.
- To provide first aid care and triage for illness and injuries
- To deal with emergencies, and in case of emergency immediate steps to transfer near by hospital for tertiary care
- To get sick students examined carefully followed by administration of medications
- To segregate infection affected students from healthy students and to pay special attention to their treatment
- To find out infectious and contagious diseases to prevent spreading among students and staff.
- To provide health counseling and education for students ,staff and parents
- Communicate with teachers , staff and parents to ensure the safety and well being of students

Health Line Clinic

Suite # 1-890 C Block 2 PECHS

Associate Medical Physician

Nov 2020 – Jan 2022



- Proficiency in patient counseling and training subordinates in protocol -based management of cases.
- History taking of patients and handling the responsibility of physical examination of admissions.
- Examining the patients and deciding on the course of treatment.
- Consulting with other medical professionals about patient care
- Checking the progress of patients. Providing follow-up care for patients who have been discharged from hospital.
- Handling the correction of Acid Base and Electrolyte imbalances.
- Monitoring CVP.
- Checking the reports and accordingly diagnosing the disease and giving prescription.
- Checking random blood sugar pre meal and postmeal via glucometer.

Child Life Foundation

Sindh Govt. Hospital Korangi # 5 Karachi

Children`s Emergency

E.R Trainee Physician

Aug 2019 – Oct 2020



Child Emergency

- Experience In Working On intelcare software and documenting history ,examination , medications prescribed , diagnosis .
- Working at 3 of the stations Resuscitation room, peds ward and opd.
- BLS and PALS training from Dow University in august 2019.
- Participate in PEM Online lecture serious , and clear the test
- Experience of high Quality CPR , Ambobagging
- Experience In Working On Intelcare Software And Documenting History ,Examination , Medications Prescribed , Diagnosis .
- Experience In Neonatal Resuscitation Workshops at Dow University of Health Sciences.
- Experience In Facility of intercommunication with telemedicine via camera and telephone.

Work Shops Attaded

- B.L.S (Basic Life Support)
- P.A.L.S (Pediatric Advanced Life Support)
- N.R.P (Neonatal Resuscitation Program)
- Mock Codes

Abbasi Shaheed Hospital



Committed to finest quality healthcare and medical education, Abbasi Shaheed officially became the teaching hospital of Karachi Medical and Dental College. The hospital helps the students acquire practical and research based understanding of modern medicine and medical science.

HOUSE OFFICER- Karachi

(12months)

- Handling of casualty, seriously ill and dangerously ill indoor and outdoor patients;
- Proficiency in patient counseling and training subordinates in protocol -based management of cases.

- Significant experience in interpreting ECG, X-Rays, CT-Scan and other laboratory and radiological investigations to correlate clinically.
- Demonstrating commitment to share expertise and disseminating information.
- History taking of patients and handling the responsibility of physical examination of admissions.
- Co-ordinating with the emergency team to ensure prompt response to emergencies.
- Examining the patients and deciding on the course of treatment.
- Consulting with other medical professionals about patient care
- Checking the progress of patients. Providing follow-up care for patients who have been discharged from hospital.
- Handling the correction of Acid Base and Electrolyte imbalances.
- Monitoring CVP.
- Performing other duties as needed.

HOUSEJOB HIGHLIGHTS

SURGERY

3months

- Assisting the senior doctors in surgery and other operations.
- Performed minor surgeries like circumcision, toe nail avulsion, incision and drainage of abcess, carbuncles.
- Preparing the patients before entering operation theatre.
- Arranged blood after bloodgrouping and crossmatching.
- Maintaining IV lines during emergency and pre operative measurements.
- Passing NG TUBE
- Passing folley`s catheter.

GYNAECOLOGY

3months

- Proficient in assisting all Gynecology & Obstetrics Surgeries.
- Have given contraception counseling.
- Handled delivery cases .
- Prepared pre delivery measurements like maintaining IV line,patient care,checking time to time uterine contractions,passed folleys,per vaginal examination,did episiotomy stitches as well,

CARDIOLOGY

2 months

- Experience in doing Echocardiography,Interpreting Ecg's ,
- Handling Treadmill Test & Holter.
- Councelling about diet and compliance of drugs.
- Checking vitals and assisting seniors regarding follow up
- Taking history and making provisional diagnosis

MEDICINE

4months

- Responsible for check up of the patient (vitals monitoring)and giving prescriptions.
- Handling the emergency cases.
- Checking the reports and accordingly diagnosing the disease and giving prescription.
- Checking random blood sugar pre meal and postmeal via glucometer.
- Pass Nasogastric tube and folleys` catheter.
- Monitored patients during blood transfusion and handled blood reactions.

Extra Curricular Activities

- Won badminton doubles final in school
- Awarded as the best dress designer during summers in competition at Rangoon wala
- Served as a member of the organizing team in Inter Campus Debate Competition
- Attended conferences on tuberculosis and thalassemia
- Our research on healthcare of geatrics of Karachi has been published

Skills and Interests

- Dynamic individual capable of working in a competitive environment.
- Organized and efficient, self motivated towards work,
- Highly developed organizational and interpersonal skills.
- Highly creative and team oriented.

References will be provided on request