



# Dr. Sidra Khan

## CONTACT

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## EDUCATION

**MBBS**  
Dow University Of Health Science  
(DUHS), Karachi, Pakistan

**INTERMEDIATE**  
Government Degree Science &  
Commerce College – Malir Cantonment,  
Karachi, Pakistan

**MARTRICULATION**  
Garrison Grammer School,  
Karachi, Pakistan

## PROFILE

Aspiring to join a reputable hospital as a Post Graduate Trainee to enhance my clinical skills and knowledge. Committed to providing exceptional patient care and contributing to the healthcare team to ensure the best outcomes for patients.

## SKILLS

- Clinical expertise in Pulmonology, Rheumatology, Endocrinology, Diabetes, Surgery
- Proficient in performing Cardiopulmonary Resuscitation
- Assisted in Endotracheal tube insertion (Intubation), Chest tube placement, Abrams pleural biopsy, pleurodesis, bronchoscopy
- Skilled in ultrasound-guided procedures
- Knowledgeable in interpreting laboratory and imaging results
- Experience with chronic disease management and patient education
- Ability to handle high-stress situations effectively

## PROFESSIONAL EXPERIENCE

### JINNAH POSTGRADUATE MEDICAL CENTER (JPMC), KARACHI, PAKISTAN

#### THORACIC MEDICINE (WARD 12)

JUNE 2023 – SEPTEMBER 2023

- Took active part in clinical discussion, morning meetings and case presentations in ward rounds, OPD, TB isolation ward.
- Performed procedures e.g. Cardiopulmonary Resuscitation, Endotracheal tube insertion (Intubation), Chest tube placement, Abrams Pleural Biopsy, Pleurodesis, Bronchoscopy, Pleurodesis, Pleurafluid Aspiration, Arterial Blood Gas sampling, Venous sampling, Nasogastric Intubation, Orogastric intubation, Catheterization
- Have done 15 days rotation in Thoracic Medicine ICU and 15 days rotation in Procedure Room.
- Learn the management of inpatient and outpatients of Thoracic medicine.

#### GENERAL MEDICINE (WARD 6) RHEUMATOLOGY, ENDOCRINOLOGY, DIABETES

SEPTEMBER 2023 – DECEMBER 2023

- Attended Clinics of RHEUMATOLOGY, ENDOCRINOLOGY, DIABETES for 2 weeks in ward rotation.
- Have done 15 days rotation in Medical ICU.
- Was able to grasp the basics of clinical practice of Medicine by presenting my cases in ward rounds
- Took active part in clinical discussions and came across couple of interesting cases.
- Acquainted myself with various diagnostic procedures e.g. :abdominal paracentesis ,lumbar puncture, pleural fluid aspiration, catheterization

## **ACCIDENT & EMERGENCY DEPARTEMENT**

### **DECEMBER 2023 – MARCH 2024**

- Actively took part in all routine activities including receiving & presentation of cases in round.
- Assisted in passing CVP line and Endotracheal tube insertion( intubation )and effectively perform stitches by using sutures in Resus.
- Also has been able to grasp some basic principles managing all kind of emergencies, which include trauma and all acute medical, surgical, orthopedic and neurosurgical cases besides poisoning and medico legal cases.

## **SURGERY (WARD 21)**

### **MARCH 2024 – JUNE 2024**

- Managed OPDS and attended weekly operation theatres performing minor procedures.
- Regularly participated in academic activities including seminar, clinical presentation and case presentation during ward rounds.
- Participated in outpatient department, dealt with emergencies and attended main theatre twice a week.
- Assisted operations to my seniors on elective list like (Meleney's gangrene, Cholecystectomy, Fibroadenoma , removal Sebaceous cyst & Appendectomy and Hernias).
- Performed minor surgery like (incision and drainage of Gluteal and breast abscess and band ligation).
- Also part of first Robotic Bariatric Surgery at JPMC.