

DR. MADIHA FATIMA

PERSONAL INFORMATION



+923353450726



madihafatimazaidi110@gmail.com



Karachi, Pakistan

LANGUAGE

- English
- Urdu

SKILLS

- Clinical expertise
- Patient-centered care
- Crisis management
- Medical ethics
- Electronic health record (EHR) proficiency
- Time management
- Team collaboration

PROFESSIONAL SUMMARY

I am a dedicated, hardworking, and committed doctor. I have strong clinical skills, as well as excellent interpersonal skills. I am eager to be challenged to grow and expand on the skillset I have gained delivering high-quality patient care and medical expertise through my experience in the healthcare and research sector. With a strong background in medicine and allied, I am committed to upholding the highest medical standards while effectively collaborating with interdisciplinary teams.

I am seeking a challenging position in a progressive healthcare facility where I can apply my clinical expertise and research skills to provide the highest quality patient care.

EDUCATION

- **School: 2014**
Hamdard Public School, Karachi.
Cleared SSC with A+ grade.
- **High School: 2016**
D.A. Degree College for Women, Phase VIII, Karachi.
Cleared HSC with A+ grade.
- **Bachelors of Medicine, Bachelors of Surgery: 2022**
Karachi Medical and Dental College – Karachi.
Cleared MBBS with 3.7 GPA with total 6 distinctions.

CLINICAL ROTATION

Have a firm grip in clinical history compilation, examinations and diagnosis as well as first-hand experience on clinical skills of following wards:

- Surgery
- Medicine
- Gynecology & Obstetrics
- Pediatrics

PROFESSIONAL EXPERIENCE

1. MEDICAL OFFICER

KARACHI INSTITUTE OF KIDNEY DISEASES

(April 2024 – July 2024)

As a medical officer in KIKD I have a clinical exposure of managing patients with kidney related issues. I am able to manage them with conservative treatments and when needed dialysis is done. Furthermore, I also handle emergencies and urology patients.

2. HOUSEJOB

JINNAH POSTGRADUATE MEDICAL CENTER

Medicine and Allied (April 2023 – September 2023)

MEDICINE (3 months)

I was able to grasp basics of clinical practice of Medicine. I acquainted myself with various diagnostic procedures like abdominal paracentesis, pleural fluid aspiration, lumbar puncture, catheterization and naso-gastric intubation etc.

In addition to Internal Medicine, I spent 2 weeks each rotating through the specialized disciplines of Intensive Care Unit and attended “Specialty Clinics” held in the ward (Diabetic, Endocrinology and Rheumatology).

ACCIDENT & EMERGENCY DEPARTMENT (3 months)

As an Assistant Casualty Medical Officer in E.D. I took part in all routine activities like receiving and managing acute emergencies, clerking of patients and presentation of cases in ward rounds. I was able to grasp some basic principles of managing all kinds of emergencies, which include trauma and all acute medical, surgical, orthopedic and neurological cases besides poisoning and medicolegal cases.

Surgery and Allied (October 2023 – April 2024)

SURGERY (3 months)

As a house surgeon, I assisted in several surgical procedures like appendectomy, cholecystectomy, hernia repair and I&D. I also learned how to recognize and manage complications that may arise during surgery, such as bleeding, infection, and unexpected anatomical variations. Along with that I attended inpatient ward, various OPDs where I observed several cases related to breast, thyroid and abdomen pathology which required surgical interventions.

ORTHOPEDICS (3 months)

As an orthopedic intern, I had a clinical experience which includes taking patient histories, performing physical examinations, and learning to interpret diagnostic tests such as X-rays and MRI scans. I assisted in procedures like joint replacements, fracture repairs, arthroscopic surgeries which involves tasks such as retracting tissues, suturing incisions and implanting. I also gained experience in managing orthopedic injuries such as fractures, dislocations and soft tissue injury.

3. COVID-19 ISOLATION UNIT

FATIMIYAH HOSPITAL, JULY 2020

ELECTIVES

- **Jinnah Postgraduate Medical Centre**
 - Electives at Neurosurgery ward - October, 2019
 - Assisted in patient care, management, making differential diagnosis and following them until discharge.
 - Learned interpretation of MRI and CT scans.
 - Took part in different medical procedures including urinary catheterization, placement of nasogastric tubes, taking venous and arterial blood sampling and to administer drugs via different methods. Learned basic surgical skills like suturing.
 - Managed patients with head trauma.
 - Got introduced with EHR system for record tracking.
- **Mamji Hospital**
 - Electives at Neuro medicine ward – April, 2019
 - Improved my communication skills, empathetic attitude in order to gain trust of patients.
 - Participated in detailed history taking, neurological examinations and making differential diagnosis.
 - Learned mechanism of action of certain drugs and their effectiveness in different neurological and psychiatric illness.

RESEARCH PUBLICATIONS

- PHYSICAL VIOLENCE AGAINST HEALTHCARE WORKERS IN GOVERNMENT HOSPITALS OF PAKISTAN AND ITS IMPACT ON THEIR MENTAL HEALTH: A narrative review. **Harvard Public Health Review Journal. First and corresponding author.**
- CONCOMITANT EFFECTS OF FISH PROCESSING PLANT AND OPTIMAL SAFETY MEASURES TAKEN BY WORKERS: A research article. **Journal of fisheries and livestock production.**

WORKSHOPS, COURSES AND TRAINING SESSIONS

- BREAST CANCER KNOWLEDGE, PROGRESS AND HOPE – JPMC
October 2023, Awareness session.
- MICROSUTURING SEMINAR – Mission Brain Pakistan
August 2023
Taught different suturing techniques to the participants.
- FUNDAMENTAL NEUROSCIENCE FOR NEUROIMAGING – Johns Hopkins University
April 2023, 9 hours course.
- RENEWING THE BEAT – Tabba Heart Institute
May 2023 – August 2023
16 credit hours CME session.

- INTERPRETATION OF IMAGING; X RAY (CHEST & LIMBS) AND CT SCAN (HEAD) – Medics International
January 2021, Workshop.
- COVID-19; PATHOPHYSIOLOGY AND MANAGEMENT – Medics International
April 2020, Webinar.
- 5TH HEALTH EXPO – HOPES
January 2020, Psychiatry stall.
- DIABETIC CAMP – Get well clinic, Medics International
December, 2020
- PUBLIC SPEAKING, SKILLS ENHANCEMENT AND EXPOSING – Young Social Reformers
May 2018, Workshop.
- BASIC SURGICAL SKILLS – Medics International
August 2019, Workshop.
- PHLEBOTOMY, BLOOD DONOR RECRUITMENT AND MANAGEMENT – Hussaini Blood Bank
August 2018
5 credit hours training session.
- GENIUS VISUAL INTELLIGENCE – MSHD org: Sukkar
Mathematics contest 2012 for schools.

VOLUNTEER EXPERIENCE

- First Aid Instructor at First Response Initiative, Pakistan (FRIP) – 2018
- Member of HOPES (Non-Profit Organization) - 2017-present
 1. Participated in HOPES Health Expo for health awareness among general masses
 2. Active part of HOPES Zakat campaign
- Active member of Markaz-e-Umeed (NGO for special needs children)
- Dar-ul-Sukon – June, 2014 and February, 2015

SKILL SET

- Pub Med and Google Scholar competency
- Skillful in MS Word, Excel, PowerPoint and Access
- Proficient in Endnote and SPSS software for basic analysis
- Trained Emergency health responder
- Excellent communication skills
- Superior organization skills