

# Dr. Syeda Ghana e Irum

Resident Medical Officer



## PERSONAL STATEMENT

Passionate doctor with a keen interest in pursuing a career in the fast-paced world of emergency medicine. Eager to join an organization that fosters personal and professional growth. Committed to making a positive impact on the lives of patients and the healthcare community.

## EDUCATION

<b>FCPS-I (Medicine &amp; Allied)</b> College of Physicians and Surgeons Pakistan	Nov 2022
<b>MBBS</b> Karachi Medical and Dental College, Karachi Graduated with 5 Distinctions as follows. (Physiology, Ophthalmology, Pathology, Surgery, Pediatrics)	Jan 2015 - Oct 2020
<b>Intermediate / HSC (Pre-Medical)</b> St. Lawrence's Govt. Girls Degree College, Karachi Passed with 84% (A-one Grade)	Aug 2012 - Aug 2014
<b>Matriculation / SSC (Science)</b> Programmer School, Karachi Passed with 87.78% (A-one Grade)	Aug 2012

## PROFESSIONAL REGISTRATION

<b>Pakistan Medical and Dental Council – Full Registration</b> PMDC Registration Number: 84462-S Registration status: Active	April 2021 - Present
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## EMPLOYMENT

### CLINICAL EXPERIENCE

<b>Resident Medical Officer</b> <i>Karachi Institute of Kidney Diseases, Karachi</i>	November 2023 to Date
<ul style="list-style-type: none"><li>- Manage a 12-bed male/female ward covering nephrology, urology, and general surgery specialties.</li><li>- Prioritize patient care by admitting consultant-recommended cases, conducting detailed history-taking and examinations and ordering baseline investigations.</li><li>- Maintain Investogram records, update consultants with lab results, and coordinate dialysis sessions</li><li>- Assisted in central line insertions, including ultrasound-guided femoral double lumen catheter and intrajugular double lumen catheter insertion.</li></ul>	

## PERSONAL DETAIL AND CONTACT



F.B. Area, Karachi, Pakistan.

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Email: [syedaghana97@gmail.com](mailto:syedaghana97@gmail.com)

Date of Birth: 06<sup>th</sup> January 1997

Nationality: Pakistani

Language: English, Urdu

Marital Status: Married

### Skills

- History Taking & Examination
- Diagnosis and Treatment
- Minor Surgical Procedures
- Direct Patient Care
- Counselling
- Case Summary
- Referral Summary
- Discharge Summary
- Case Presentation
- Strong Communication Skills
- Ability to work in team
- ECG acquisition & interpretation.

### Hobbies

- Cooking
- Singing
- Painting
- Arts & Crafts
- Photography
- Sports
- Travelling & Exploring
- Cake Making

## CLINICAL PROCEDURES

- Blood Sampling
- IV Cannulation
- Intramuscular/Intragluteal Injections
- Nasogastric Tube Insertion
- Urinary Catheter Insertion
- Stomach Wash
- Bladder Wash
- Bladder Irrigation
- Suturing
- Arterial Blood Gas (ABG)

- Prepare case referral, and discharge summaries, handling both paperwork and computer-based tasks.
- Manage preoperative and postoperative patients, addressing complications such as hematuria, urinary retention, nausea, vomiting, pain, and shortness of breath.
- Address common nephrology patient issues including volume overload, urosepsis, CLABSI, and LRTI, often accompanied by comorbidities such as hypertension, diabetes mellitus, CKD, asthma, and hepatitis B and C.
- Educate patients on their conditions, discuss dietary options, and implement daily weight charting for nephrology patients.
- Develop proficiency in rapid patient assessment, conducting quick examinations, and making informed treatment decisions.

### **Resident Medical Officer - OPD**

**November 2023 – March 2024**

#### ***The Modern Clinic, Karachi***

- Directly interact with patients in a primary healthcare setting, listening to their health concerns and providing counseling.
- Conduct relevant investigations and provide basic medical treatment to patients.
- Refer patients to respective specialties for further management when necessary.

### **Resident Medical Officer (Locum) - General Medicine**

**June 2023 – August 2023**

#### ***Essa General Hospital, Karachi***

- Provided initial management of cases in the medical ICU, NICU, emergency department, and OPD.
- Managed cases including road traffic accidents, acute gastroenteritis, HONKC, seizures, meningitis, hepatitis A, urosepsis, urinary retention, transient ischemic attack (TIA), poisoning cases, gynecological issues.

### **Resident Medical Officer - General Medicine**

**Dec 2022 - Jan 2023**

#### ***Naimat Begum Hamdard University Hospital, Karachi***

- Performed duties in the in-patient and medical ICU, caring for patients from various specialties such as general surgery, neurosurgery, pulmonology, nephrology, urology, ENT, gastroenterology, and cardiology.
- Responsibilities included providing initial treatment, ordering baseline investigations, chasing lab results, updating lab reports, maintaining investogram, creating case summaries, discharge cards, and referral summaries.
- Coordinated with on-call consultants for definitive management.

### **House Job Experience**

Proficient in history taking, physical examination, digital rectal examination, chasing and interpreting lab results.

- Making Case summaries, discharge summaries.
- Presented cases in detail during morning and evening rounds.
- Attended seminars and engaged in patient counselling
- Participated in case discussions and presentations

### **House Officer - Cardiology**

**Dec 2021 - Feb 2022**

#### ***Abbasi Shaheed Hospital, Karachi***

- Conducted and interpreted Electrocardiograms (ECGs)
- Listened to different murmurs
- Understood the management of acute coronary syndromes, including myocardial infarction
- Learned about lifestyle modifications and preventive measures for cardiovascular health.

**House Officer – Genral Medicine****Sep 2021 - Nov 2021*****Abbasi Shaheed Hospital, Karachi***

- Performed duties in the medical ward, ICU, and medical emergency
- Formulating relevant differentials
- Devising appropriate management plans encompassing investigations and treatment protocols
- Frequently attended educational seminars, workshops and CME meetings.

**House Officer - Gynae & Obstetrics****May 2021 - Aug 2021*****Sobhraj Maternity Hospital, Karachi***

- Performed duties in the labor room, operation theater, antenatal ward, and postoperative ward.
- Took gynecological and obstetric history.
- Performed examinations including colposcopy, per abdominal and prevaginal examinations.
- Conducted spontaneous vaginal deliveries
- Performed episiotomies
- Assisted in cesarean sections
- Performed suturing

**House Officer - General Surgery****Feb 2021 - April 2021*****Abbasi Shaheed Hospital, Karachi***

- Performed duties in the surgical ward, ICU, HDU and trauma center
- Managed elective surgical cases and emergencies under supervision  
Including acute appendicitis, Acute abdomen, Intestinal obstruction, Cholelithiasis, Cholecystitis, Pancreatitis, Diabetic foot, hernias, Abdominal traumas, Mastectomy, Abscess
- Managed fractures, applied plaster, bandaged wounds, aided in suturing

**PROFESSIONAL ENDEAVOURS AND ACCOMPLISHMENTS:****Professional Development and Teaching Experience:**

- Facilitated educational sessions during house job, imparting crucial skills in history taking, examination techniques, and clinical maneuvers to fellow colleagues.
- Orchestrated group study sessions throughout graduation, crafting concise study materials and instructing peers and juniors across various subjects.
- Provided comprehensive tutoring in biology and other subjects to a class 9 student in 2013, who has since flourished into a successful practicing lawyer, commending the efficacy of the teaching methodology.
- Continuously engage in educating staff on disease progressions and treatment modalities.
- Volunteered time to instruct anatomy and physiology topics to a security guard pursuing a nursing assistant course at KIKD, contributing to their professional growth during personal time.
- Proficient in creating and delivering impactful PowerPoint presentations throughout house job rotations.

**Leadership and Support:**

- Demonstrated leadership abilities through motivating and supporting colleagues and peers during medical school. Organized study groups, offered encouragement, and facilitated a collaborative learning environment contributing to the success and well-being of fellow students.

**Team Collaboration and Conflict Resolution:**

- Effective communicator and collaborator, as demonstrated by the initiative taken to streamline tasks and eliminate conflicts within the ward team at Karachi Institute of Kidney Diseases.
- Successfully established designated work times for team members, leading to improved ward management operations.

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## COURSES

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**Workshop on Pediatric Emergency Medicine**

**Feb 2020**

Patel Hospital Karachi

**Basics of Human Psychology**

**Aug 2017**

The Agha Khan University

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## EXTRACURRICULAR ACTIVITIES

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**Volunteer H.O.P.E.S**

**Jan 2015 - Dec 2020**

(A non-profit, non-governmental, patient welfare organization by students of KMDC), Karachi

**Clinical Stall Holder**

**Dec 2015 - Dec 2020**

H.O.P.E.S Health EXPO, Expo center Karachi  
Volunteered Dermatology, Endocrinology, Pediatrics, E.N.T, Psychology clinical stalls.  
Provided Counselling and Public awareness.

**CME on Management of Diabetes, Hypertension**

**2018**

The Agha Khan University Hospital

**Participated in Karachi Divisional Women's Hockey Association**

**2009**

Karachi

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## RESEARCH

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**Nov 2018 - Jan 2019**

A Quantitative Research on Prevalence of Burnout among Final Year Medical Students at Karachi Medical and Dental College. (Not Published)

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## PERSONAL GOALS

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- Gain valuable insights into healthcare systems while contributing to their operational excellence.
- Participate in impactful research initiatives and audits under expert supervision to advance medical knowledge and improve patient care.
- Pursue specialized training in emergency medicine to enhance proficiency and responsiveness in critical healthcare scenarios.
- Utilize my experience and expertise to mentor, guide, and counsel medical students and young professionals, fostering their growth and development.
- Strive for a harmonious balance between personal and professional life, seeking stability and fulfillment alongside excelling in my career endeavors.

## References

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*Dr. Farya Moon*

*Name: Dr Tahir Ilyas*

*Designation: Consultant Nephrologist at Karachi Institute of Kidney Disease*

*Designation: Consultant Nephrologist at Karachi Institute of Kidney Disease.*

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