



# HARIS M. ANWER

## Doctor

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## About Me

Dedicated, empathetic, and conscientious physician with experience at Pakistan's leading tertiary care institution, seeking to expand medical expertise and refine skills to elevate patient care standards. Skilled in managing challenging scenarios and committed to collaborative teamwork. Eager to pursue continuous learning and professional growth. Learning to be proficient in conducting research and audits, illustrating a commitment to advancing healthcare practices.

## Education

**MBBS:** Bachelor of Medicine and Bachelor of surgery

**Dow University of Health Sciences-** Karachi, Sindh

**Graduated:** 2023

**Last Degree Date:** 13 June 2023

**Pre-medical**

**Adamjee Govt. Science College-** Karachi, Sindh

**Graduated:** 2017

**Science**

**KMA Boys Secondary school-** Karachi, Sindh

**Graduated:** 2015

## Key Skills

- Clinical leadership
- Patient interviewing
- Prescription writing
- Emergency Care
- Patient education
- Pain Management
- Clinical Research and audits

## PROFESSIONAL EXPERIENCE

**Civil Hospital Karachi-** Karachi, Pakistan

**INTERN IN DEPARTMENT OF OPHTHALMOLOGY** (16/MAY/23 - 15/AUG/23)

- Interviewed patients to assess histories, investigate concerns and complete physical examinations along with slit lamp examination and foreign body removal.
- Coordinated well-rounded patient care by collaborating with medical professionals in diverse clinical areas.
- Maintained and updated patient notes, ensuring accuracy and confidentiality.
- Assisted in surgical procedures like upper and lower lid laceration repair, phacoemulsification with intraocular lens placement, Micro incisional vitreous surgery with silicon oil insertion, Penetrating keratoplasty, Tarsoraphy, Dacrocystorhinostomy.

**INTERN IN DEPARTMENT OF GENERAL SURGERY** (16/AUG/23 - 15/NOV/23)

- Took histories and performed examinations on patient in ward, OPD and surgical emergency.
- Assisted in surgical procedures like laparoscopic cholecystectomy, appendectomy, exploratory laparotomy, esophagectomy, incision and drainage, debridement, hepatojejunostomy etc.
- Performed therapeutic and diagnostic pleural and ascitic taps, trucut biopsies, pigtail insertion, and CVP line placement.

**INTERN IN DEPARTMENT OF PEADIATRICS** (16/NOV/23 - 15/FEB/24)

- During my rotation I assisted in management of 50+ patients in CLF (Child Life Foundation) emergency per shift.
- Managed 15+ infants in nursery emergency per shift, diagnosed and performed suction of meconium aspirated cases, conducted CPR, managed infants with fits.
- Shadowed attending physicians in PICU, Nursery and PCM ward.

## Software Skills

- Review Manager 5.4
- Endnote 20
- IBMSPSS
- Google Form
- Microsoft Excel

## Language

- Mother Tongue: Memoni
- Other Language: Urdu, English

## Awards

- **Basic Life Support (BLS)-** CME University (Apr 2024)
- **Advanced Cardiac Life Support (ACLS)-** CME University (Nov 2024)
- **Pediatric Advanced Life Support (PALS) Certification-** CME University (Nov 2024)

## Teaching Experience

- Worked as A Biology Lecturer at reputed institute, Academy of Excellence for 3 years teaching Pre-Medical and MDCAT entry test students.

## INTERN IN DEPARTMENT OF MEDICAL INTENSIVE CARE UNIT (APRIL 2024)

- Actively participated in patient rounds, assisting in history taking, physical examination, and formulating treatment plan.
- Monitoring vital signs, administered medications, and performed basic procedures like IV cannulation and wound care under supervision.
- Developed proficiency in using advance medical equipments including ventilators, Cardiac monitors, and infusion pumps.
- Assisted in emergency situations like cardiac arrest, and respiratory distress under the guidance of senior physician.

## INTERN IN DEPARTMENT OF GENERAL MEDICINE (16/FEB/23 - 15/MAY/24)

- Conducted thorough patient assessments, including history-taking, physical examinations, and review of diagnostic investigations, to formulate differential diagnoses and treatment plans.
- Participated in clinical duties within the endoscopy unit, observing and assisting with various procedures including endoscopies, ERCPs and colonoscopies.
- Actively participated in case presentations and journal club meetings.

## INTERN IN DEPARTMENT OF CASUALTY (NOVEMBER 2023)

- Conducted comprehensive initial assessments including vital signs, medical history, and physical examination.
- Get familiarity with life saving procedure like performing ABGs, intravenous cannulation, placing nasogastric tube and Foley's catheter.
- Assisted in resuscitation including CPR, and advanced cardiac life support procedures.

## RESEARCH EXPERIENCE

- Proficient in scholarly writing and sharing research findings on reputable academic platforms.
- Maintained high standards of research quality, contributing to advancements in the field of medicine.

## RESEARCH DESIGN

- Proficient in developing and conducting a wide array of research studies, encompassing review articles, meta-analyses, systematic reviews, network meta-analyses, original studies, case reports, case series, and quality improvement initiatives.
- Skilled in utilizing diverse methodologies and analytical techniques to successfully manage complex research projects with precision and expertise.

## PUBLICATIONS

Currently, I have two articles under publication, reflecting my dedicated interest and commitment to advancing knowledge in my field.

## VOLUNTEER WORK

- Volunteer at Patient's Welfare Organization - the largest student-run NGO in Pakistan with over 210+ registered thalassemia patients.
- Volunteer at medical camp organized by YES alumni Pakistan for under underserved community members held on March 10th 2024 at the government primary school the Yaqoob Shah, Manghopir, Gadap town, Karachi.
- Raiwand Markaz clinic where treated over 70+ patient per day.