

Dr. Zunaira Rashid

- (Contact:0305-2407528)
- Address: Sector 9F-1, Huzaifa Chowk, New Saeedabad ,Baldia Town, Karaxhi

Objectives:

To secure a challenging position within a reputed organization , that work for suffering humanity and patient well-being where I can apply the knowledge and skills that I possess to improve the health care system , anticipating to learn and further and sharpen my analytical , technical and interpersonal skills..

Degree: M.B.B.S from Jinnah Sindh Medical University

Internship: Neurosurgery Department,Jpmc: I learnt basic neurosurgery OPD management and basic patient care of admitted patients (Preoperative and Postoperative)

Internship: Gynaecology and Obstetrics (Ward:09), JPMC: I learnt basics opd management of gynae and obstetrics and some frequent emergencie's management like Hypertension in Pregnancy, Eclampsia and Pre-eclampsia.

Research Project: Primary Dysmenorrhea ,it's intensity , treatment and it's impact on life of undergraduate female medical students ;2021

Workshop and courses:

- Ultrasound fast-an Accident and Emergency requirement workshop ; March 2024
- Workshop on Chest tube Insertion; by JPMC, Karachi ; January 2023
- Safe Obstetrics Practice Hands; November 2022
- Research Electives 2021 by JSMU Research Society from 26th October to 09th November,2021
- Research Workshop on "How to select a research topic" by JSMU on 3rd April,2019

Professional Experience:

House Job: Jinnah Post Graduate Medical College, Karachi

Department of General Surgery:

Manage common surgical problems by applying basic medical and clinical sciences effectively in Perform common surgical procedures under

supervision. Demonstrate effective role as a team member in surgical ward, emergency room and COT.

Accident and Emergency Department, JPMC, Karachi:

I took part in all the routine activities including receiving and managing acute emergencies, clerking of patients and presentation of cases in ward rounds. I acquainted myself very well with various diagnostic procedures. I am able to grasp some basic principles of managing all kind of emergencies which include Trauma and all acute Medical, Surgical, Orthopedics and Neurosurgical cases besides poisoning and medicolegal cases

Department of General Medicine and National Poisoning Control Center, JPMC

Managed common infectious and systemic illnesses along with complications and posted at NPCC and learnt critical care of poisoned patient under supervision as an active team member.

National Institute of Child Health Care (Paediatrics, NICH), Karachi:

I have worked as an active member in managing paediatric patients at medical ward, endocrine clinic and at emergency Room. I also worked enthusiastically in managing patients at TR, Semi ICU and neonatal ICU.

Medical officer Job: Currently working as RMO in Emergency Department at Naimat Begum Hamdrad Hospital, Nazimabad

Academic Qualification:

- MBBS from Jinnah Sindh Medical University, Karachi (2017-2023)
- Fsc (Pre-Medical) from Scholars Science College (2015-2017)
- Matriculation from Al-Habib Educational Academy (2015)

Skills:

I am reliable, punctual, hardworking and team oriented person, who work well in collaborative environment, yet thrives on personal achievements.

Computer Skills:

Commands Ms Office i.e Word, **PowerPoint and Excel.**

Proficiency in Language:

English, Urdu and Punjabi