

Dr. Waliah Wajih

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PERSONAL STATEMENT

As a dedicated and skilled surgical resident with over three years of hands-on experience in general surgery, I have developed a robust foundation in a wide array of surgical procedures and patient care. My tenure at Jinnah Postgraduate Medical Centre and Abbasi Shaheed Hospital has honed my abilities in surgical assistance, patient assessment, and comprehensive care management. I am deeply committed to advancing my knowledge and always striving to provide the highest standard of care.

With a strong interest in plastic surgery, I aim to specialize in this field to enhance my skills in reconstructive and aesthetic procedures. My goal is to employ my surgical expertise and compassionate approach to improve patient outcomes and continue my professional growth in the dynamic and innovative field of plastic surgery.

PROFESSIONAL EXPERIENCE

Jinnah Postgraduate Medical Center (JPMC), Karachi

Surgical Resident in General Surgery

July 2022 - July 2024

- **Experience Details**
 - General Surgery | 01-07-2022 to 31-05-2023
 - Plastic Surgery | 01-06-2023 to 31-07-2023 (Attached at AKUH)
 - Neuro Surgery | 01-08-2023 to 30-09-2023
 - General Surgery | 01-10-2023 to 29-02-2024
 - Urology | 01-03-2024 to 30-04-2024
 - Orthopedic Surgery | 01-05-2024 to 31-07-2024
- **Assisted in Surgical Procedures:**
 - Actively assisted in a variety of surgical operations, including:
 - **Appendectomy:** Executed surgical removal of the appendix.
 - **Excision of soft tissue tumors and cysts:** Executed excision of soft tissue tumors like lipomas, sebaceous cysts.
 - **Laparotomies:** Assisted in exploratory abdominal surgeries.
 - **Breast Surgeries:** Assisted in procedures such as mastectomies and lumpectomies.
 - **Laparoscopic Procedures:** Assisted in minimally invasive techniques.
 - **Hernia Repairs:** Assisted in open hernia repairs.
- **Patient Care:**
 - Managed comprehensive pre-operative and post-operative care under supervision, ensuring patient safety and recovery.
 - Conducted thorough patient evaluations, prepared them for surgery, and monitored post-operative progress.
- **Clinical Activities:**
 - Engaged in daily rounds, contributing to patient management discussions and decision-making.
 - Participated in monthly surgical conferences, presenting cases and discussing treatment strategies.
 - Involved in research activities, contributing to clinical studies and publications.

Clinical Attachment in General Surgery

August 2021 - June 2022

- **Hands-On Experience:**
 - Gained hands-on experience in general surgery, closely observing and assisting in various surgical procedures.
 - Enhanced understanding of surgical techniques, patient management, and the operational flow of a surgical unit.
- **Skill Development:**
 - Developed essential skills in patient assessment, surgical planning, and execution.
 - Improved diagnostic interpretation and treatment planning through active involvement in patient care.

Abbasi Shaheed Hospital

House Officer Basic

November 2018 - November 2019

- **Clinical Rotations:**
 - Completed rotations in various departments, gaining comprehensive medical experience:
 - **General Surgery:** Developed foundational surgical skills and knowledge.
 - **Gynecology:** Assisted in gynecological procedures, patient assessments, and treatment plans.

- **General Medicine:** Engaged in patient diagnosis, treatment, and management of various medical conditions.
- **Psychiatry:** Participated in the care of psychiatric patients, learning therapeutic techniques and patient management.
- **Patient Care Skills:**
 - Enhanced skills in patient assessment, bedside manners, conducting thorough history-taking and physical examinations.
 - Developed diagnostic interpretation abilities, accurately interpreting lab results and imaging.
 - Formulated effective treatment plans, contributing to patient recovery and care.

PROFESSIONAL EDUCATION

MBBS | Karachi Medical and Dental College

2012-2018

CERTIFICATION:

Basic Life Support (BLS) Certification from American Heart Association

SKILLS:

- Proficient in surgical techniques including suturing, knotting and wound management.
- Recognizing and treating post-operative complications.
- Strong interpersonal and communication skills, both with patients and healthcare team members.
- Ability to work effectively under pressure in fast-paced clinical environments.

References are available upon request.
